**Are you PhD proof?**

Find out if doing a PhD is right for you.

**Exercise**

Score yourself on a scale of one to five regarding the following aspects and ask people who know you to score you on the various aspects as well. One stands for ‘to a low degree’, with five standing for ‘to a significant degree’. A conversation about the results can clarify a great deal. Naturally, you pick the people you consult yourself and you determine what you do with their feedback.

- enjoyment of learning 1 2 3 4 5
- ingenuity/originality of thought 1 2 3 4 5
- analytical skills 1 2 3 4 5
- results (average marks + nominal) 1 2 3 4 5
- learning pace/planning skills 1 2 3 4 5
- academic writing 1 2 3 4 5
- command of academic English 1 2 3 4 5
- independence/self-discipline/perseverance 1 2 3 4 5
- budget/project management 1 2 3 4 5

**Please note**

You should regard this exercise as an indication and starting point to facilitate a dialogue with others about your opportunities and options.

**Evaluation**

Naturally, you can discuss the results of this exercise with a careers adviser at the UvA Student Careers Centre. Book an appointment at career.uva.nl.